

# LESSON OVERVIEW

**Week #:** 3

**Date:** January 18, 2026

**Lesson Title:** The Fall: Sin Enters the World & God's Promise Begins

**Primary Scripture Passage(s):** Genesis 3

**Bible Timeline Placement:** Early History – After Creation and Before the Flood

## **Big Idea:**

Even when people disobeyed God, He does not stop loving them. God allowed judgment because He is holy, but He immediately began His loving plan to save through Jesus Christ.

# MEMORY VERSE

**“Where are you?” (Genesis 3:9)**

## **Explanation for Children:**

God asked this question because He wanted Adam and Eve to come to Him instead of hiding. God already knew where they were, but He wanted their hearts to turn back to Him.

# SETTING THE SCENE (INTRODUCTION)

Open your Bible and show the children where today's lesson comes from.  
We are at the very beginning of the Bible, in the book of Genesis.

God has just created everything — the sky, the land, the seas, the animals, and people. The Bible tells us that everything God made was **very good** (Genesis 1:31).

Adam and Eve lived in a beautiful garden called Eden. There was no sickness, no sadness, no fighting, and no fear. They walked with God and enjoyed being with Him.

Today we will learn what happened next — and why the world is not perfect anymore.

## MAIN LESSON NARRATIVE

*(Read aloud slowly and clearly)*

In the beginning, Adam and Eve lived in the Garden of Eden. God had given them everything they needed. There were beautiful trees, delicious fruit, peaceful animals, and meaningful work to do.

Best of all, God was with them. They talked with Him, listened to Him, and trusted Him.

God gave Adam and Eve one clear command. He told them they could eat from **any tree** in the garden except one. God warned them that disobeying Him would bring death (Genesis 2:16–17).

This command was not meant to hurt them. It was meant to protect them. God always tells the truth, and God always knows what is best.

One day, a serpent came to Eve. The Bible later explains that this serpent was being used by Satan, God’s enemy (Revelation 12:9).

The serpent did not speak the truth. Instead, he questioned God’s Word and made it sound like God could not be trusted.

Eve listened. She looked at the fruit God had told her not to eat. She took it and ate it. Then she gave some to Adam, and he ate it too (Genesis 3:6).

At that moment, something terrible happened.

**Sin entered the world.**

Adam and Eve realized they had disobeyed God. For the first time, they felt shame and fear. When they heard God walking in the garden, they hid.

They had never hidden from God before. Sin had changed their hearts.

God called out to Adam and said, **“Where are you?”** (Genesis 3:9).

God already knew where Adam was. God was inviting Adam to come out of hiding, to tell the truth, and to return to Him.

Adam and Eve admitted they had disobeyed God. Sin brought sadness and separation into the world, just as God had warned.

## **GOD’S JUDGMENT AND THE CURSE**

Now listen carefully, because this part is very important.

Because God is holy and always tells the truth, **God had to allow judgment to come.** God is not mean when He judges. God is right. God is fair.

God had said that disobeying Him would bring death (Genesis 2:17), and God’s Word is always true.

So God spoke words that the Bible calls a **curse**.

A curse is God's serious announcement of what sin brings into His good world.

Sin is not small.

Sin breaks things.

Sin brings pain Sin brings struggle.

Sin separates people from God.

First, God spoke to the serpent. God said the serpent would be brought low and defeated (Genesis 3:14). God was showing that the enemy who lies and tempts does not win forever.

God is the true King.

Then God spoke about what sin would bring into Eve's life. The Bible says life would now include pain and difficulty, even in good things like having a family (Genesis 3:16).

This did not mean God stopped loving Eve.

It meant sin brings pain into the world.

Then God spoke about what sin would bring into Adam's life. The Bible says the ground would be cursed, and work would become hard and tiring (Genesis 3:17–19).

Life would no longer be easy and joyful like it was in Eden.

God also said that people would one day die and return to the dust (Genesis 3:19).

This is why people die today.

## **GOD'S PROMISE AND THE GOSPEL**

But children, **judgment was not the end of the story.**

God did not want judgment to rule forever.

God did not want sin to win.

God did not want Adam and Eve crushed with no hope.

**So God immediately began His plan of salvation — His loving plan to rescue — through Jesus Christ.**

God made a promise. God spoke to the serpent and said that one day a Savior would come.

God said the offspring of the woman would crush the serpent's head (Genesis 3:15).

A crushed head means defeat.

Victory.

This is the very first promise of Jesus.

All of us have sinned too. We disobey God in our own ways.

The Bible says, **“All have sinned and fall short of the glory of God”** (Romans 3:23).

Sin deserves judgment because God is holy.

**“The wages of sin is death”** (Romans 6:23).

But God's love is stronger than our sin.

**“But the gift of God is eternal life in Christ Jesus our Lord”** (Romans 6:23).

A gift is not earned.

A gift is given.

Jesus is God the Son.

He came into the world.

He lived a perfect life without sin.

He died on the cross to take the punishment for our sins.

The Bible says, **“Christ died for our sins... He was buried... and He was raised on the third day”** (1 Corinthians 15:3–4).

Jesus rose again.

That means He won.

Children, that means you do not have to hide from God.

You can come to Jesus.

You can tell Him the truth.

You can ask Him to forgive you.

You can trust Him to save you.

**“Everyone who calls on the name of the Lord will be saved”** (Romans 10:13).

God even showed His care by clothing Adam and Eve before they left the garden (Genesis 3:21).

Life would be hard.

But God would never leave them alone.

## WHY WE CAN TRUST THIS ACCOUNT

Genesis 3 explains why the world is broken and why people need a Savior.

God’s Word tells the truth about:

- sin
- judgment
- rescue

That is why we can trust the Bible.

# GOD REVEALED AS TRINITY

*(With Scripture Support)*

God is one God in three Persons: Father, Son, and Holy Spirit.

- **God the Father** speaks with authority and gives righteous judgment  
(Genesis 3:14–19; Psalm 7:11)
- **God the Son (Jesus)** is promised as the Savior who will defeat the serpent  
(Genesis 3:15; 1 John 3:8; Hebrews 2:14)
- **God the Holy Spirit** helps people understand their sin and turn back to God  
(John 16:8)

# LIFE APPLICATION

*(With Scripture Support)*

When we sin, we are tempted to hide. But God invites us to come to Him.

- If we confess our sins, God promises forgiveness  
(1 John 1:9)
- Because of Jesus, we can come to God with confidence for mercy and help  
(Hebrews 4:16)
- When we draw near to God, He draws near to us  
(James 4:8)

# DISCUSSION QUESTIONS

*(With Teacher Answers)*

**1. Why did Adam and Eve hide from God?**

*Answer:* They felt afraid and ashamed because they disobeyed God (Genesis 3:8–9).

**2. Why did God allow judgment to come?**

*Answer:* Because God is holy and always tells the truth. Sin is serious (Genesis 2:17).

**3. Did God stop loving Adam and Eve?**

*Answer:* No. God looked for them, cared for them, and promised a Savior (Genesis 3:9, 15, 21).

**4. What promise did God make in Genesis 3:15?**

*Answer:* God promised a Savior who would defeat the enemy. This points to Jesus.

**5. What should we do when we sin today?**

*Answer:* Come to God, confess, and trust Jesus to forgive us (1 John 1:9).

## HANDS-ON ACTIVITY

**Activity:** Hide and Seek

**Purpose:** To show that God wants us to come to Him, not hide

**Supplies:** None

Play a short game of hide and seek. Then explain that God asked, “Where are you?” because He wanted Adam to come to Him.



# TEACHER CLOSING PROMPT

Remind the children that even when sin brings judgment, God's love brings rescue through Jesus.

Close in prayer, thanking God for sending Jesus to save us.