

Conversation Starter Guide

Faith-Centered Prompts to Begin Meaningful Talks About Death and Values



Introduction

Talking about death can feel difficult, but opening these conversations is a loving way to share your heart and ensure your wishes are honored. Use these gentle prompts as a way to guide your family or loved ones through these important discussions, rooted in faith and compassion.

Start with Reflection

- What gives your life meaning and joy? How does your faith shape your hopes for the future?
- When you think about the end of life, what brings you comfort or peace?
- Are there spiritual beliefs or practices that you want to be part of your care or memorial?

Talking About Wishes

- Have you thought about the kind of medical care you would want if you became seriously ill?
- What does a “good death” mean to you, in your faith and your heart?
- Are there any treatments or interventions you would want to avoid?
- Who would you trust to make decisions on your behalf if you were unable to speak for yourself?

Sharing Your Legacy

- What stories, values, or lessons do you most want to pass on to your loved ones?
- Are there special songs, prayers, or scriptures you would want at your memorial or funeral?
- How would you like your family to support each other during difficult times?

Encouragement to Keep Talking

- These questions can be revisited as often as you like—it’s okay if you don’t have all the answers right now.
- Remember, these conversations are gifts that bring peace to you and your family.
- Beacon of Hope is here to support and guide you through these discussions with faith and compassion.

For more guidance or to explore advance care planning, visit beaconofhopeol.com or call 605-223-0115.