

1. THIS WEEK'S LESSON AT A GLANCE

Lesson Title: David and Goliath: Trusting God, Not Fear

Bible Passage: 1 Samuel 17

Big Idea: We do not have to be afraid, because the battle belongs to God, and God always sends someone to win it.

What Your Child Should Remember: An army of grown soldiers was too afraid to fight a giant, until God sent a young shepherd who trusted Him instead. David's win became Israel's win, the same way Jesus' victory becomes ours when we trust Him.

2. MEMORY VERSE

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1 Samuel 17:47

The battle is the LORD's.

What This Means for Children: Winning belongs to God, not to how strong or brave we feel.

How to Practice It at Home: Break it into two short phrases. Say it together at breakfast and bedtime this week.

Ask: What is one thing that feels like a giant to you right now?

Suggested Answer: Help your child name something specific, then remind them the battle belongs to the LORD.

Parent Tip: This is not about trying harder. It is about remembering who wins the battles we cannot win, which is exactly what Jesus did for us.

3. TODAY YOUR CHILD LEARNED ...

For forty days, Israel's army was too afraid to fight the Philistine giant Goliath. David, sent only to bring food to his brothers, trusted that the God who helped him face lions and bears would help him face Goliath too.

With a sling and a stone, David won, and the whole army shared in a victory they never fought for. Your child learned that God is the true hero, fear can freeze even God's own people, and David's win points forward to Jesus, who fought and won the far greater battle against sin and death for us.

4. WHY THIS LESSON MATTERS

It is easy to hear this and think the point is simply be brave. It is not. We are like the frightened soldiers who needed someone else to win the battle for us. That is the gospel. We could not defeat sin and death ourselves, so Jesus, born in that same town of Bethlehem, fought that battle and won it completely.

A Simple Way to Explain It: "You don't have to be brave enough to win your battles. Jesus already won the biggest one for you."

5. HELPING YOUR CHILD UNDERSTAND WHY DAVID IS NOT THE HERO

Many retellings teach be brave like David as the takeaway. Scripture teaches something deeper. David was an unlikely deliverer sent by God, and his win was shared with people who never lifted a sword.

Emphasize: God sent the rescuer, and God gets the credit.

Avoid Saying: "Be brave like David." Instead say: "God sent someone to fight for them, the same way He sent Jesus to fight for us."

6. DEFENDING THE TRUTH AT HOME

A Question Children Often Ask: Was Goliath really that big? That sounds make believe.

A Simple Biblical Answer: The Bible gives specific details, his height, the weight of his armor and spear, the kind of detail real history includes, not made up stories.

Scripture to Read Together: 1 Samuel 17:4 to 7

How to Say It Kindly: "It's okay to ask questions. God's Word can handle them, and it always tells us the truth."

7. TALK ABOUT IT AT HOME

Use one or two of these questions during dinner, bedtime, or in the car. You do not have to ask all of them at once.

1. What was the army so afraid of? Goliath, a giant nobody thought they could defeat. *1 Samuel 17:11*

2. Why did David think he could face Goliath? He trusted the God who helped him before. *1 Samuel 17:37*

3. Who really wins our battles, according to our memory verse? The LORD does, not us. *1 Samuel 17:47*

4. How does David remind us of Jesus? Both were born in Bethlehem and won battles for people who could not win them alone. *Micah 5:2*

5. What is one giant you can ask God to help you with this week? Let your child answer, then pray about it together.

8. TRY THIS AS A FAMILY

Five Smooth Stones: Find five small stones or paper cutouts. Write or draw one worry on each. Keep them in a jar somewhere visible this week. Every time someone notices it, say the memory verse together.

Repeat: "We don't carry our giants alone. The battle is the LORD's."

9. WHEN YOUR CHILD IS AFRAID THIS WEEK

A Likely Situation: your child mentions being scared, a test, the dark, a doctor's visit.

A Parent Friendly Response: sit with the fear for a moment before pointing to the truth.

Words You Can Say: "That does sound scary. Remember David and the giant? He didn't have to feel brave first. He trusted God was bigger than the problem. Let's pray about it together."

Remember: fear is not a sin to be punished. It is an invitation to trust God together.

10. PRAYER TO PRAY TOGETHER

PRAY THIS TOGETHER

Dear God, thank You for fighting for Your people, even when we are afraid. Thank You for sending Jesus to win the battle we could never win ourselves. Help us remember the battle is Yours. Give us courage to trust You. In Jesus' name, amen.

11. A FINAL THOUGHT FOR PARENTS

You do not have to be a Bible scholar to disciple your child well this week. A short conversation in the car, one honest prayer at bedtime, these small moments are exactly how God grows faith in a child's heart. Jesus is central to this story and to your family, and His Spirit is ready to help, even on ordinary days.