

Parent Take-Home Sheet

Children's Ministry

THIS WEEK'S LESSON AT A GLANCE

Lesson Title:	Jesus Is Alive! The Resurrection Changes Everything
Bible Passage:	Matthew 28:1–10; Matthew 28:16–20
Big Idea:	Jesus truly died for our sins and truly rose again, so we can trust Him as our living Savior and King.

MEMORY VERSE

"He is not here; he has risen, just as he said."

Matthew 28:6

Say this verse together and slow down at the words "just as he said." Help your child see that Jesus always does what He says He will do. His promises are not wishes. They are truth.

TODAY YOUR CHILD LEARNED

Today the children heard one of the most important truths in the Bible. After Jesus died on the cross and was buried, two women went to His tomb early in the morning. They found the stone rolled away. An angel met them and said, "He is not here; he has risen, just as he said" (Matthew 28:6). Then the women met Jesus Himself. They held His feet and worshiped Him.

Easter is not about springtime. Easter is about a real event that changed everything. Jesus really died for sinners, and He really rose again. Because He is alive, forgiveness is real. Hope is real. And every person who trusts in Him belongs to a living Savior who will never die again.

WHY THIS LESSON MATTERS

The resurrection proves that Jesus is exactly who He said He is. He is the Son of God. He is the promised Savior. He is the true King. His death paid for sin. His resurrection shows that death could not hold Him.

Your child will face fear. They will have questions about death, pain, and whether God is real. This lesson gives them something solid to stand on. Jesus is not a story from the past. He is alive right now. That means your child can talk to Him, trust Him, and know He hears.

The gospel is clear here. Jesus died for our sins and rose again. Everyone who turns to Him and trusts in Him is forgiven and made right with God. That is the heart of Easter.

DEFENDING THE TRUTH (AT HOME)

A question your child might ask:

Did Jesus really rise from the dead?

The simple answer:

Yes. The Bible tells us Jesus really died, was really buried, and really rose again. The tomb was empty. Angels announced it. Jesus was seen alive by the women and later by His disciples. We believe this because God tells us the truth in His Word.

A few reasons Christians trust the resurrection:

- Jesus' death is one of the most well-documented facts about His life. He was crucified under Pontius Pilate, and that is confirmed by sources inside and outside the Bible.
- The resurrection message is not something that was invented later. In 1 Corinthians 15:3–8, Paul passes on a clear, early summary about Jesus' death, burial, resurrection, and appearances. This was foundational Christian teaching from the very beginning.
- The first witnesses in the Gospel accounts were women. In the first century, that was not the kind of detail people would choose to invent if they were trying to make a story sound impressive. Matthew also includes honest details like a guarded tomb, frightened disciples, and witnesses who were surprised rather than bold. That reads like truth, not invention.
- The earliest Christians proclaimed that Jesus had risen, and that message completely changed their lives. They faced real danger to say it. People do not die for something they know they made up.

A careful way to say it to your child:

No one can put the resurrection in a science lab because it was a one-time act of God in history. But there is real evidence: Jesus truly died, the resurrection was proclaimed very early, many witnesses saw the risen Jesus, and the Christian movement began with that truth at the center. The best explanation for all of it is that Jesus really rose from the dead.

Scripture to read together:

- Matthew 28:5–6
- 1 Corinthians 15:3–4

TALK ABOUT IT AT HOME

Family Question: Why does it matter that Jesus is alive today?

Follow-Up Question: How does the resurrection help us when we feel afraid or sad?

TRY THIS AS A FAMILY

Read Matthew 28:1–10 together. Then ask your child to retell what happened at the tomb in their own words. After that, say these words out loud together:

Jesus died for our sins.

Jesus rose again.

Jesus is alive.

Then close with a simple prayer and thank Jesus together for being your living Savior.

PRAYER TO PRAY TOGETHER

Lord Jesus, thank You for dying for sinners and rising again. Thank You that You are alive forever. Help our family trust You, love You, and remember that Your words are always true. Amen.

A FINAL WORD FOR PARENTS

You do not need perfect words this week. You just need to open God's Word and point your child to Jesus.

Your child may ask big questions. Answer them simply and honestly. Tell them what the Bible says. Remind them that Jesus is not a made-up hero from a story. He is a real Savior who really died, really rose, and is really alive right now.

Simple faithfulness at home goes a long way. God uses it. Keep pointing them to the empty tomb and the living Lord.