

WEEK 31 | SUNDAY, AUGUST 2, 2026

Elijah, God Is the One True God

Bible Passage: 1 Kings 18

Big Idea: God alone is God, and He proves it not through human bravery but through His own unmatched power, calling His people to undivided devotion.

1 MEMORY VERSE

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1 Kings 18:39

The LORD, he is God, the LORD, he is God.

What It Means and How to Practice

This is what the crowd shouted after God answered Elijah's prayer with fire from heaven. Say it together this week with real energy, the way a crowd would shout it, not just a quiet recitation.

Ask

Why do you think the people needed to see something so dramatic before they believed? Suggested Answer: Because their hearts were divided between God and Baal, and it took undeniable proof to settle the question for good.

2 TODAY YOUR CHILD LEARNED

Today your child learned about Elijah's showdown with four hundred fifty prophets of a false god named Baal, on Mount Carmel. Elijah challenged Israel to stop limping between two opinions and choose whether the LORD or Baal was the true God. Baal's prophets cried out all day with no response, because Baal was never real. Elijah then soaked his own altar with water three times, removing any chance of a trick, and prayed one simple prayer. Fire fell from heaven instantly, and the whole crowd fell down crying, the LORD, he is God. Your child also learned that Jesus later echoed Elijah's exact challenge, saying no one can serve two masters, and that Elijah later stood beside Jesus at the Transfiguration.

3 WHY THIS LESSON MATTERS

This is not a lesson about Elijah's courage. It is about who God is. God does not accept divided loyalty, worshiping Him sometimes and something else other times, and He proved that day that He alone deserves our whole hearts, backing it up with real, undeniable power rather than asking for blind belief.

Simple Explanation

You can say, God does not want part of your heart, He wants all of it, and He proved on Mount Carmel that He is worth trusting completely.

4 TALK ABOUT IT AT HOME

Use one or two of these during dinner, bedtime, or in the car.

What did Elijah challenge the people to decide?

Whether the LORD or Baal is the true God, and to stop dividing their loyalty.

Why did Elijah pour water on his sacrifice?

So no one could claim the fire happened by a trick.

What did Jesus say later that sounds like Elijah's challenge?

No one can serve two masters.

Is there something in your life competing with God for first place?

Personal reflection, encourage honesty, then pray about it together.

5 WHEN YOUR CHILD IS TORN BETWEEN TWO THINGS

Your child wants to please two different people or things at once, a friend and what is right, screen time and a commitment already made. Try saying, it is hard to want two things at the same time, but God asks for our whole heart, not a divided one, and He will help you choose well. God proved on Mount Carmel that He alone is worthy of complete trust, not a share of it.

6 PRAYER TO PRAY TOGETHER

Dear God, thank You for proving on Mount Carmel that You alone are God. Help us stop limping between two opinions, and help us give You our whole hearts this week. In Jesus' name, amen.

7 A FINAL THOUGHT FOR PARENTS

Your child is watching where your own devotion actually goes, not just what you say you believe. Let this week be one where they see you choose God wholeheartedly in small, ordinary moments, not just talk about it.