REACH COMMUNITY CHURCH

PARENT TAKE HOME SHEET

Sunday, October 25, 2026 | Week 43

JESUS TEACHES US TO PRAY

Bible Passage: Matthew 6:5–15

Big Idea: Because of Jesus, we can talk to our heavenly Father and trust Him with everything.

OUR MEMORY VERSE

"your Father knows what you need before you ask him." Matthew 6:8

Help your child understand: God knows when we're happy, afraid, or worried. We don't need fancy words to talk to Him. He already knows what we need, but He still invites us to pray because He wants us to know and trust Him.

Practice together: Say the verse slowly, then take turns saying it from memory. Ask, "Does God know what you need even before you tell Him?" Yes, He does!

TODAY YOUR CHILD LEARNED...

Jesus taught His followers how to pray during His Sermon on the Mount. Some people prayed to impress others, but Jesus explained that prayer is about speaking honestly to God, not showing off.

He gave His followers what we call the Lord's Prayer. It teaches us to honor God, seek His will, ask for what we need, seek forgiveness, forgive others, and ask for help when we're tempted to do wrong.

Your child also learned that God doesn't always answer prayers the way we hope. We can trust His wisdom and goodness, even during difficult times.

WHY THIS MATTERS AND HOW IT POINTS TO JESUS

God is holy and good, but every one of us has sinned. We cannot earn forgiveness by praying perfectly or doing enough good things.

Jesus is God the Son. He lived without sin, died on the cross for our sins, and rose again. When we turn from sin and trust Him, God forgives us and gives us new life.

Through Jesus, believers can come to God as their heavenly Father. The Holy Spirit helps us pray and follow Jesus. God is one God in three Persons: Father, Son, and Holy Spirit.

TALK ABOUT IT AT HOME

1. Why should we pray if God already knows everything?

Suggested answer: Prayer isn't about giving God information. We pray to thank Him, worship Him, ask for help, and grow closer to Him.

2. Can we pray about little things?

Suggested answer: Absolutely! Jesus even taught us to ask for our daily bread. We can talk to God about ordinary needs and big worries.

3. What if God doesn't answer the way we want?

Suggested answer: That can be disappointing or painful. God hasn't promised an easy life, but we can trust His goodness even when we don't understand His answer.

4. Why should we forgive people?

Suggested answer: Because God has shown us mercy through Jesus. Forgiveness doesn't mean allowing someone to keep hurting us. We can forgive and still ask for help and protection.

DEFENDING THE TRUTH TOGETHER

Question: How do we know Jesus really taught people to pray?

Answer: The Bible records Jesus' teaching about prayer in Matthew 6 and Luke 11. Early Christians also preserved and practiced this prayer. We can examine what Scripture says and welcome honest questions.

Read together: Matthew 6:5–13.

TRY THIS AS A FAMILY

Draw five circles on a piece of paper. In each circle, write or draw something:

1. Praise God for who He is.
2. Ask for His will to be done.
3. Ask for something you need.
4. Thank Jesus for forgiveness and ask for help forgiving others.
5. Ask God for help choosing what is right.

Use your circles to guide a short family prayer. Let your child pray in their own words without correcting how beautifully they speak.

A PRAYER TO PRAY TOGETHER

Heavenly Father, thank You for loving us and knowing what we need. Thank You for sending Jesus to save us. Forgive our sins, help us forgive others, and teach us to trust You when life is difficult. Help us follow Jesus every day. In His name, amen.

A FINAL THOUGHT FOR PARENTS

You don't need to know every Bible answer to help your child learn to pray. Begin with a few honest words, and let your child see that you need God's help, too. Those quiet moments together can help your child understand that prayer is part of a growing relationship with God through Jesus Christ.