

MAIN LESSON, ACTIVITY & DISCUSSION QUESTIONS

Ages 5–11 | Read-Aloud Lesson | Scripture-Centered | Christ-Centered

LESSON OVERVIEW

Week #: 9

Date: March 1, 2026

Lesson Title: God Keeps His Promises to Abraham

Primary Scripture Passage(s): Genesis 15; Genesis 21:1–7

Bible Timeline Placement: Patriarchs – God's covenant with Abraham

Big Idea: God always keeps His promises, and we can trust His Word.

MEMORY VERSE

"Is anything too hard for the Lord?" (Genesis 18:14)

Explanation: This verse reminds us that nothing is impossible for God—not time, not age, not waiting, and not keeping promises.

SETTING THE SCENE (INTRODUCTION)

Before we begin, let's remind ourselves what the Bible is. The Bible is God's true and trustworthy Word. It is made up of 66 books, written by more than 40 different authors, over about 1,500 years. These authors lived on three different continents and wrote in three different languages.

And yet, the Bible tells one united message with absolutely no contradictions. That one message is about God's great love for us. From the very beginning to the very end, the Bible shows us that God loves people, that sin separated us from Him, and that God made a way to rescue us. The Bible points again and again to Jesus, who gave His life on the cross to save us. Ever since Adam and Eve sinned, God has been working to bring people back into a right relationship with Himself.

A contradiction is when two things say opposite things and cannot both be true at the same time. The Bible never does that. Everything fits together because God is the One who guided every word.

Let's listen carefully to what God tells us in His Word. Today we are in the very first book of the Bible, called Genesis. Genesis tells us how God created everything and how He began

His plan to rescue people from sin. Today we will hear about a man named Abram, later called Abraham, and a promise God made that seemed impossible.

MAIN LESSON NARRATIVE (READ ALOUD)

Abram loved God and followed Him, but there was something that made Abram's heart feel heavy. Abram and his wife Sarai did not have any children, and they were growing very old. In those days, having children was very important, because families depended on children to continue their family line.

One night, God spoke to Abram. God brought Abram outside and told him to look up at the sky. God said, "Look up at the sky and count the stars—if indeed you can count them." Then God said, "So shall your offspring be" (Genesis 15:5). God was promising Abram a very big family, even though Abram had no children at all.

The Bible tells us something very important next. It says, "Abram believed the Lord, and he credited it to him as righteousness" (Genesis 15:6). This means Abram trusted God. Abram did not know how God would do it, but he believed God would keep His promise.

Years passed. Abram and Sarai waited...and waited...and waited. Sometimes waiting is very hard. But God had not forgotten His promise. God always remembers what He says.

Then, when Abram was one hundred years old and Sarai was ninety, God did something amazing. The Bible says, "Now the Lord was gracious to Sarah as he had said, and the Lord did for Sarah what he had promised" (Genesis 21:1). Sarah had a baby boy! They named him Isaac, just as God had said.

God kept His promise exactly. Isaac was living proof that God's Word is true. What God promises, He always does.

WHY WE CAN TRUST THIS ACCOUNT

This account is written as real history, not a pretend story or a made-up tale. The Bible gives us real names, real places, real ages, and real family lines. Abram is not presented as a legend, but as a real man who lived at a real time in history.

Abram, later called Abraham, is recognized as a historical figure not only in the Bible, but also in ancient history. He is remembered as the father of the Hebrew people, and his life is recorded through detailed family records and timelines. Jewish, Christian, and Muslim histories all point back to Abraham as a real person who lived long ago.

Most importantly, God Himself tells us these events truly happened. The Bible is God's Word, and God cannot lie. Scripture tells us, "God is not human, that he should lie" (Numbers 23:19). Because God always tells the truth and always keeps His promises, we can trust that what He tells us about Abraham and Isaac really happened.

WHAT THIS SHOWS US ABOUT JESUS

God's promise to Abraham was not only about one baby. God promised that through Abraham's family, blessing would come to the whole world. Jesus was born into Abraham's family. Jesus is the Savior God promised long ago, and He came to forgive sins and bring us back to God.

GOD REVEALED AS TRINITY

God the Father makes promises and keeps them. God the Son, Jesus, comes from Abraham's family and fulfills God's rescue plan. God the Holy Spirit helps people trust God, just like Abram trusted Him. God is one God in three Persons.

LIFE APPLICATION

When we have to wait, we can trust God. When something feels impossible, we can remember that nothing is too hard for the Lord. God keeps His promises, and we can rely on Him every day.

DEFENDING THE TRUTH

Question: Did God really give Abraham a baby when he was very old?

Answer: Yes. The Bible tells us clearly that God did exactly what He promised (Genesis 21:1–2). We trust this because God always tells the truth.

DISCUSSION QUESTIONS WITH ANSWERS

Why was God's promise hard to believe?

Answer: Because Abraham and Sarah were very old and had no children, and it seemed impossible from a human point of view.

How did Abraham show trust in God?

Answer: Abraham believed what God said, even when he did not understand how it would happen (Genesis 15:6).

What promise did God keep?

Answer: God kept His promise by giving Abraham and Sarah a son named Isaac, exactly as He said He would.

How does this help us trust God today?

Answer: It reminds us that God always keeps His promises, so we can trust Him when we are waiting or when something feels hard or impossible.

HANDS-ON ACTIVITY

Activity: Counting the Stars Promise

Purpose: Help children remember God's promise and faithfulness.

Supplies: Paper, crayons or pencils

Instructions: Have children draw a night sky full of stars. Write Genesis 15:5 on the paper. Talk about how God keeps every promise.

TEACHER CLOSING PROMPT

Close by reminding children that God loves them, keeps His promises, and sent Jesus to save them. Pray together, thanking God for being faithful.